Feel No Guilt In Laughter

Feel no guilt in laughter she’d know how much you care.  
Feel no sorrow in a smile that she is not here to share.  
You cannot grieve forever; she would not want you to.  
She’d hope that you would carry on the way you always do.  
   
So, talk about the good times

and the way you showed you cared.  
The days you spent together, all the happiness you shared.  
Let memories surround you, a word someone may say  
Will suddenly recapture a time, an hour, a day.  
   
That brings her back so clearly as though she were still here.  
And fills you with the feeling that she is always near.  
For if you keep those moments, you will never be apart.  
And she will live forever locked safely in your heart.